

To Whom It May Concern:

I want to write this letter of recommendation for Stephen Hercy. I knew Stephen casually for at least a year before I trained with him. He attended my training sessions in Los Angeles. My work consists of teaching men and women how to live a balanced life, body and mind with an emphasis on communication.

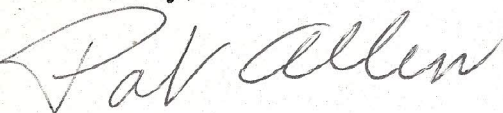
Stephen invited me on a number of occasions to learn from him how to live a balanced life with emphasis on the body.

I am a recovering alcoholic and overeater these past eighteen years and I eventually made the time available to train with him.

My experience of Steve's training is that he is unique in that he is as interested in the inner beauty and health as he is in outer.

He communicates with firmness couched in compassion. I most heartily recommend his training to any man or woman who is on a spiritual path of individuation and actualization of mind, body, and spirit.

Sincerely,

A handwritten signature in cursive script that reads "Pat Allen". The signature is written in dark ink and is positioned below the typed name.

Patricia D. Allen, Ph. D.